



3 March 2020

Coronavirus

Clubs are asking us what they should be thinking about. Of course we are not medical professionals but the Ministry of Health website provides some guidance on this subject.

According to the Ministry the likelihood of an imported case in New Zealand is high (we now have an official case) the likelihood of a widespread outbreak is considered low-moderate.

Extracts from the Ministry website:-

1. Symptoms of coronavirus are similar to a range of other illnesses such as influenza. Having these symptoms does not necessarily mean that you have coronavirus.
2. Prevention- some simple steps. Avoid close contact with people with cold or flu like illnesses. Cover coughs and sneezes with disposable tissues or clothing. Wash hands for at least 20 seconds with soap and water and dry them thoroughly before eating or handling food; after using the toilet; after coughing, sneezing, blowing your nose; after caring for sick people.
3. As a Club remind members not to attend if they are feeling unwell; remind members not to attend if they have been in or transited through mainland China, Iran or Italy.
4. As a Club remind members to practice good hygiene
5. As a Club provide soap, hand sanitizers, paper towels and tissues.
6. As a club regularly clean all surfaces.

Regards

Alister